

# The Survival Playbook for Oil and Gas Professionals

✘ This is a time to accept the nature of the energy industry, realistically evaluate current job viability and create an action plan, writes Kelli Lauletta in OilOnline.

“As the energy industry deals with below \$50 a barrel oil, how can employees at oil & gas companies proactively and calmly navigate the bumpy road ahead? In a recent webinar, “The Bottom of the Barrel: Developing During a Downturn”, Pink Petro, the social channel for women in energy, offered up enlightening career-survival advice for both women and men in oil & gas.” she writes. “Their advice focused on getting in the driver’s seat and taking the wheel, rather than passively sitting in the passenger seat. As companies announce plans to downsize, it is not time to panic. Rather, it is a time to accept the nature of the industry, realistically evaluate your current job viability and create an action plan.”

**Read the article.**