

Neal Gerber Eisenberg Adds Mental Wellness Benefit Spring Health to Its Offerings

Neal Gerber Eisenberg (NGE) is pleased to announce the addition of Spring Health, a new mental wellness benefit for attorneys and staff. The personalized mental health care platform deepens NGE's commitment to the whole well-being of its employees.

"The pandemic clearly emphasized the need for the legal community to prioritize mental health and wellness, topics that were stigmatized for too long in our industry," said Bobby Gerber, NGE's Managing Partner. "At NGE, we put our people first. We are excited to provide this new offering and hope that it becomes a valuable resource for everyone at the firm."

Spring Health provides personalized, private, and confidential mental health care. NGE staff, attorneys, and their dependents will have access to an array of tools to support their mental health, no matter how small, including six therapy sessions each calendar year through a diverse network of providers, a dedicated care navigation team, a digital library of self-guided wellness exercises, and professional coaching.

"Mental health is more important than it's ever been. While we at NGE have long focused on the well-being of our employees as a vital part of our culture, we believe that by offering Spring Health's services to every member of our firm, we are re-affirming our commitment to serve the whole person, across every aspect of their life," said Sonia Menon, NGE Chief Operating Officer.

Spring Health bolsters the firm's health and well-being offerings available to all attorneys and staff, which includes Homethrive, announced in early 2020, and subsequent additions of LifeLock and Headspace. You can learn more about the firm's Being Well initiatives [here](#).