

# EEOC's Informal Guidance on Reasonable Accommodations for Mental Health Conditions



An informal guidance from the U.S. Equal Employment Opportunity Commission reminds employers of the commission's expansive interpretation of what constitutes a reasonable workplace accommodation, reports Seyfarth Shaw LLP in its **Employment Law Lookout** blog.

Author **Bridget M. Maricich** advises that employers should continue to meaningfully engage in the interactive process with any employees seeking workplace accommodations for a physical or mental disability and assiduously document those efforts.

"The informal guidance is a useful primer for understanding the EEOC's expanding stance on employer obligations to provide reasonable workplace accommodations," she writes.

**Read the article.**

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