

# A Third of Americans Are Leashed to Their Companies By Non-Disclosure Agreements

More than one-third of the U.S. workforce is bound to their employers by a non-disclosure agreement, or NDA, according to a Harvard Business Review report this week, which cites figures from a research paper published last year in the Vanderbilt Law Review.

**Amy X. Wang**, writing for **Quartz at Work**, says the contracts have been steadily growing in both number and breadth as companies grow warier about competition and proprietary material.

She adds that the problem has spread to cover personal harassment, to the point that many have questioned whether NDAs can end up enabling abusers.

**Read the article.**