

Neal Gerber Eisenberg Signs ABA Well-Being Pledge, Launches 'Being Well' Initiative

Neal Gerber Eisenberg announced that it signed the American Bar Association's Well-Being Pledge, a national campaign devoted to advancing health and wellness throughout the legal industry.

This effort is designed to support lawyer well-being and address the profession's troubling rates of substance use and mental health issues.

The Being Well initiative will take a multi-dimensional approach, focusing on physical, mental, social and financial well-being among all employees, the firm said in a release. Attorneys and staff will be offered resources, activities and training workshops on topics ranging from substance abuse, heart health and stress management, to digital wellness, meditation and sleep programs. The initiative will kick off with speaker Patrick Krill, who is the lead author of the 2016 national study on the prevalence of attorney addiction and mental health problems and architect of the framework of the ABA Well-Being Pledge.