Elizabeth La Rocca Joins Frost Brown Todd as Partner in Dallas

DALLAS, Texas – Frost Brown Todd (FBT) is pleased to welcome Elizabeth La Rocca as a Partner in the firm's Labor and Employment Practice Group in Dallas. Her arrival follows the recent addition of employment litigator Brandon Rainey, signaling continued growth in FBT's employment law capabilities.

"With nearly 30 years of experience in complex immigration law, Liz brings business-focused solutions that are vital in today's evolving economic and regulatory environment," said Mekesha Montgomery, Chair of FBT's Labor and Employment group. "Her experience is especially timely as U.S. companies face new challenges under shifting federal policies."

La Rocca is a seasoned employment immigration attorney with extensive experience advising multinational corporations in industries such as automotive, engineering, finance, and information technology. She counsels clients on a full range of employment-based immigration issues, including:

- Temporary and permanent work visas (H-1B, L-1, O-1, EB-1, EB-2, etc.)
- Labor certifications and PERM applications
- Immigration compliance and audits
- Family-based green cards and naturalization
- Expatriation and global mobility strategies

"There's a rising demand for strategic immigration counsel who understands both legal and business needs," said Matthew Hoyt, leader of FBT's Immigration Service Team. "Liz's knowledge enhances our capabilities in critical areas of employment-based immigration."

La Rocca has a national reputation for helping U.S. employers and their highly skilled foreign employees navigate complex legal frameworks. Her practical, client-first approach and in-depth understanding of immigration regulations make her a trusted advisor for corporations with cross-border workforces.

“I’m honored to join a team that values excellence and client service,” said La Rocca. “Frost Brown Todd’s national platform and collaborative environment provide strong support for expanding my immigration practice.”

La Rocca earned her bachelor’s degree from Tulane University and her J.D. from St. Thomas University School of Law. Her professional achievements have earned her recognition from Legal 500 and Best Lawyers in America.