Doctors Counter Misinformation Amid Texas Measles Outbreak

The recent measles outbreak in West Texas has escalated, with cases nearing 230 across Texas and New Mexico. Healthcare professionals like Dr. Ana Montanez from Lubbock are actively working to dispel misinformation and encourage vaccinations. Some parents, influenced by anti-vaccine groups like Children's Health Defense, have turned to high doses of vitamin A as a preventive measure.

However, experts, including the American Academy of Pediatrics, emphasize that vitamin A does not prevent measles and can be harmful in excessive amounts. The outbreak has resulted in hospitalizations and at least one death, underscoring the critical need for accurate information and immunizations to protect public health.