

Beck Redden Employees Help the Houston Food Bank

Nearly a dozen **Beck Redden** employees, along with other members of Houston's legal community, recently volunteered at the **Houston Food Bank** during "Legal Frenzy Friday," part of the Food from the Bar campaign. Hundreds of attorneys and staff from Houston-area law firms donated their time by working a 3-hour volunteer shift, which was a Houston Food Bank volunteer bonus day.

In a release, the firm said:

Beck Redden's participation was spearheaded by associate **Kate Skagerberg**, who serves as a board member of f.r.e.s.h. Young Professionals, which was formed to support the mission of the Houston Food Bank, along with Beck Redden partner, **Alistair Dawson**, who is on the Food from the Bar Steering Committee.

"I was proud of our firm's representation at Legal Frenzy Friday," Skagerberg said. "It was wonderful to work with my colleagues for such a worthwhile cause and to see the entire Houston legal community come together to help those in need."

In addition to volunteering, as part of the Food from the Bar Campaign, Beck Redden employees are also collecting non-perishable food items at their offices as well as having an online donation for the Houston Food Bank. Food from the Bar is a month-long effort led by Houston's legal community to close the meal gap in Southeast Texas. By donating their time, food and funds, firms and legal organizations help the Houston Food Bank distribute more meals to neighbors in need during the summer months and beyond.

Houston Food Bank

The Houston Food Bank is America's largest food bank in distribution to its network of 600 hunger relief charities in 18 southeast Texas counties. Named top charity in Texas by Charity Navigator for financial performance and accountability, the Houston Food Bank provides 74 million nutritious meals to food pantries, soup kitchens, senior centers and other agencies, feeding 800,000 people each year. Fresh produce, meat and nonperishables are distributed from the warehouse at 535 Portwall, and hot meals are prepared and distributed from Keegan Center, a 15,000 square foot industrial kitchen. Additional community services range from nutrition education to assistance with food stamp applications and hands-on job training. Red Barrels offer a convenient way for grocery shoppers to donate nonperishables for their neighbors in need.